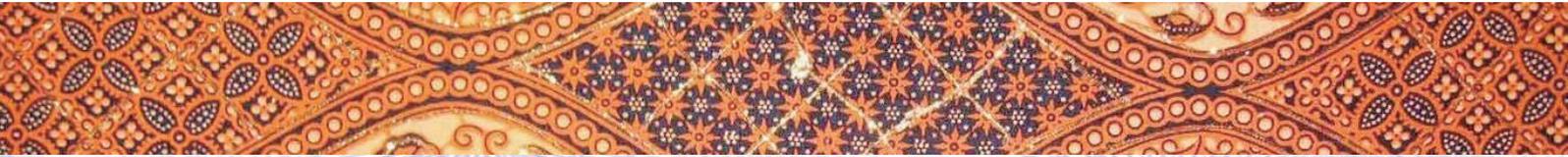




*Selesa*  
Malaysian Restaurant



PARK CITY  
**GRAND PLAZA**  
KENSINGTON

Park City Grand Plaza Hotel  
18 - 30 Lexham Gardens, London, W8 5JE  
+44(0)207 341 7099  
[www.parkcitylondon.co.uk](http://www.parkcitylondon.co.uk)



## Allergy Advice

In compliance with food labelling regulation - EC1169/2011. Customers are advised to let our staff know if any food may cause allergic reaction prior to order.

If you would like to know the list of ingredients used in a particular dish from our menu, our manager will be happy to assist you.



For more information, visit: [food.gov.uk/allergy](http://food.gov.uk/allergy) or [nhs.uk/conditions/allergies](http://nhs.uk/conditions/allergies)

# 14 Allergens



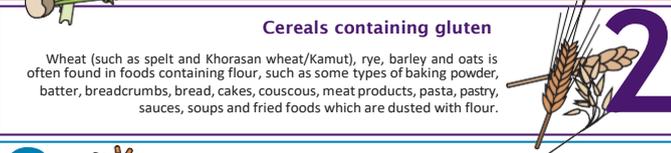
The way allergens are labelled on prepacked foods IBT DIBOHFE. The Food Information Regulation, which came into force in December 2014, introduces a requirement that food businesses must provide information about the allergenic ingredients used in any food they sell or provide.

There are 14 major allergens which need to be mentioned (either on a label or through provided information such as menus) when they are used as ingredients in a food. Here are the allergens, and some examples of where they can be found:



### Celery

This includes celery stalks, leaves, seeds and the root called celeriac. You can find celery in celery salt, salads, some meat products, soups and stock cubes.



### Cereals containing gluten

Wheat (such as spelt and Khorasan wheat/Kamut), rye, barley and oats is often found in foods containing flour, such as some types of baking powder, batter, breadcrumbs, bread, cakes, couscous, meat products, pasta, pastry, sauces, soups and fried foods which are dusted with flour.



### Crustaceans

Crabs, lobster, prawns and scampi are crustaceans. Shrimp paste, often used in Thai and south-east Asian curries or salads, is an ingredient to look out for.



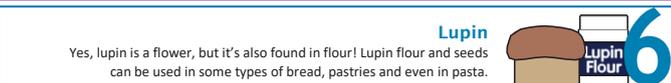
### Eggs

Eggs are often found in cakes, some meat products, mayonnaise, mousses, pasta, quiche, sauces and pastries or foods brushed or glazed with egg.



### Fish

You will find this in some fish sauces, pizzas, relishes, salad dressings, stock cubes and Worcestershire sauce.



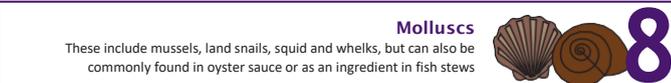
### Lupin

Yes, lupin is a flower, but it's also found in flour! Lupin flour and seeds can be used in some types of bread, pastries and even in pasta.



### Milk

Milk is a common ingredient in butter, cheese, cream, milk powders and yoghurt. It can also be found in foods brushed or glazed with milk, and in powdered soups and sauces.



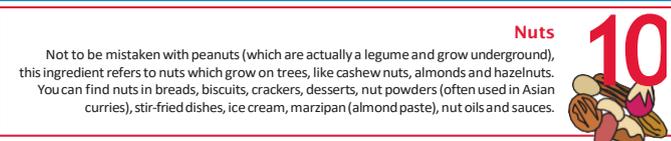
### Molluscs

These include mussels, land snails, squid and whelks, but can also be commonly found in oyster sauce or as an ingredient in fish stews



### Mustard

Liquid mustard, mustard powder and mustard seeds fall into this category. This ingredient can also be found in breads, curries, marinades, meat products, salad dressings, sauces and soups.



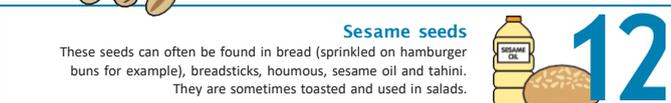
### Nuts

Not to be mistaken with peanuts (which are actually a legume and grow underground), this ingredient refers to nuts which grow on trees, like cashew nuts, almonds and hazelnuts. You can find nuts in breads, biscuits, crackers, desserts, nut powders (often used in Asian curries), stir-fried dishes, ice cream, marzipan (almond paste), nut oils and sauces.



### Peanuts

Peanuts are actually a legume and grow underground, which is why it's sometimes called a groundnut. Peanuts are often used as an ingredient in biscuits, cakes, curries, desserts, sauces (such as satay sauce), as well as in groundnut oil and peanut flour.



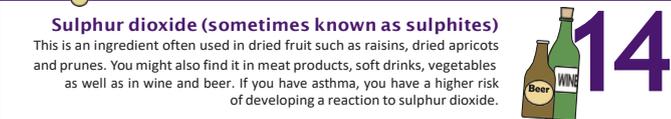
### Sesame seeds

These seeds can often be found in bread (sprinkled on hamburger buns for example), breadsticks, houmous, sesame oil and tahini. They are sometimes toasted and used in salads.



### Soya

Often found in bean curd, edamame beans, miso paste, textured soya protein, soya flour or tofu, soya is a staple ingredient in oriental food. It can also be found in desserts, ice cream, meat products, sauces and vegetarian products.



### Sulphur dioxide (sometimes known as sulphites)

This is an ingredient often used in dried fruit such as raisins, dried apricots and prunes. You might also find it in meat products, soft drinks, vegetables as well as in wine and beer. If you have asthma, you have a higher risk of developing a reaction to sulphur dioxide.

For more information, visit: [food.gov.uk/allergy](http://food.gov.uk/allergy) or [nhs.uk/conditions/allergies](http://nhs.uk/conditions/allergies)

✉ Sign up to our allergy alerts on [food.gov.uk/BMMFSHZ-BMFSUT](http://food.gov.uk/BMMFSHZ-BMFSUT), or follow #AllergyAlert on Twitter and

Facebook Let's keep connected at [food.gov.uk/facebook](http://food.gov.uk/facebook)

📺 Join our conversation @foodgov

📺 Watch us on [food.gov.uk/youtube](http://food.gov.uk/youtube)



**\*\*\* Seasonal Price**

*Malaysian Style Wasabi King Prawn £19.90*

*King Prawn with Butter £19.90*

*Tempura King Prawn £19.90*

*Seabass or Blue Mackerel £35.00*

*Steam Scallop with Vermicelli £6.90 (each)*

*BBQ Chicken £15.90*

*12.5% service charge will be added to the bill. Thank you.*





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## Starter

- 1 **SELESA SPECIAL** (*satay chicken, prawn toast, spring roll & chicken wings*)  
*Minimum for 2 Persons* (each) **£9.00**
- 2 **CHICKEN SATAY** **£9.90**  
(6 marinated grilled skewered chicken, served with rice cake, cucumber, onions & peanut sauce)
- 3 **LAMBSATAY** **£10.90**  
(6 marinated grilled skewered lamb, served with rice cake, cucumber, onions & peanut sauce)
- 4 **PENANG ROJAK BUAH** **£8.00**  
(mixed fruits with peanut spicy prawn paste)
- 5 **SALT & PEPPER SOFT SHELL CRAB** 🦀 (each) **£9.00**  
(chilli, pepper, dried garlic, salt)
- 6 **SALT & PEPPER SQUID** 🦑 (salt, pepper, chilli, dried garlic) **£9.90**
- 7 **SALT & PEPPER CHICKEN WINGS** 🍗 (spring onion, salt, pepper, chilli) **£8.90**
- 8 **VEGETARIAN SPRINGROLL** (v) **£7.90**
- 9 **DEEP FRIED WANTON** (*chicken*) **£7.90**
- 10 **SESAME PRAWN TOAST** **£9.90**
- 11 **AROMATIC CRISPY DUCK** (*half/whole*) **£24.90 / £39.00**  
(served with pancake, cucumber, spring onion & hoi sin sauce)
- 12 **GADO GADO** (*Malaysian vegetable salad with peanut sauce*) **£9.90**

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## Soup

- 13 **SOTO AYAM** **£6.00**  
(traditional Malaysian chicken soup cooked in spices with rice cube & bean sprouts)
- 14 **TOMYAM SOUP** 🦑 (prawn, squid, fish ball, mushroom) **£6.00**
- 15 **HOT & SOUR SOUP** 🦑 (carrot, bean curd, prawn, egg, straw mushroom) **£6.00**
- 16 **CHICKEN SWEET CORN SOUP** (*chicken, sweet corn, egg*) **£6.00**
- 17 **CRAB MEAT SWEET CORN SOUP** (*crab meat, sweet corn, egg*) **£6.00**
- 18 **MIXED VEGETABLE SOUP** (v) **£6.00**

12.5% service charge will be added to the bill. Thank you.





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## Chicken

- |    |   |        |
|----|---|--------|
| 19 | <b>MALAYSIAN CURRY AYAM</b> 🌶️  | £12.90 |
| 20 | <b>AYAM MASAK MERAH</b> 🌶️ ( <i>tomato chicken with spicy Malaysian chilli sauce</i> )  | £12.90 |
| 21 | <b>FRIED CHICKEN WITH SAMBAL SAUCE</b> 🌶️ ( <i>Malaysian chilli sauce</i> )   | £12.90 |
| 22 | <b>AYAM GORENG KAMPUNG</b> ( <i>fried chicken with turmeric</i> )   | £12.90 |
| 23 | <b>ROTICANAI</b> ( <i>served with chicken curry</i> )   | £12.90 |
| 24 | <b>HAINANESE CHICKEN</b> ( <i>boneless, half</i> )<br>( <i>poached chicken, cucumber, tomato, coriander</i> )                       | £18.00 |
| 25 | <b>SWEET &amp; SOUR CHICKEN</b><br>( <i>deep fried chicken fillet cooked with onion, green pepper, red pepper &amp; pineapple</i> ) | £12.90 |
| 26 | <b>LEMON CHICKEN</b><br>( <i>deep fried chicken fillet cooked in lemon sauce</i> )  | £12.90 |
| 27 | <b>FRIED CHICKEN WITH GINGER &amp; SPRING ONION</b><br>( <i>ginger, onion, oyster sauce</i> )                                       | £12.90 |



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## Beef & Lamb

- |    |   |        |
|----|---|--------|
| 28 | <b>BEEF RENDANG</b> 🌶️ ( <i>lemon grass, chilli, garlic, coconut milk</i> )                         | £13.90 |
| 29 | <b>DAGING MASAK KICAP</b>   | £13.90 |
| 30 | <b>SHREDDED CHILLI BEEF</b> 🌶️ ( <i>spicy sweet &amp; sour sauce</i> )                              | £13.90 |
| 31 | <b>FRIED BEEF OR LAMB WITH GINGER &amp; SPRING ONION</b><br>( <i>ginger, onion, oyster sauce</i> )  | £13.90 |
| 32 | <b>FRIED BEEF OR LAMB WITH BLACK PEPPER</b> 🌶️<br>( <i>onion, spring onion, black pepper corn</i> ) | £13.90 |
| 33 | <b>FRIED BEEF OR LAMB WITH BROCCOLI</b>   | £13.90 |
| 34 | <b>MALAYSIAN LAMB CURRY</b> 🌶️  | £13.90 |

12.5% service charge will be added to the bill. Thank you.





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*Scallop, Prawn or Squid*

- |    |   |               |
|----|---|---------------|
| 35 | <b>SAMBAL SAUCE</b> 🌶️ ( <i>Malaysian chilli sauce</i> )                            | <b>£16.90</b> |
| 36 | <b>SWEET &amp; SOUR SAUCE</b> ( <i>onion, green pepper, red pepper, pineapple</i> ) | <b>£16.90</b> |
| 37 | <b>GINGER &amp; SPRING ONION</b>  | <b>£16.90</b> |

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*Fish*

**(SEABASS OR BLUE MACKEREL)**

- |    |   |               |
|----|---|---------------|
| 38 | <b>CURRY</b> 🌶️   | <b>S/P***</b> |
| 39 | <b>ASSAMPEDAS</b> 🌶️ ( <i>tomato, garlic, red chilli, shallots, assam paste</i> )       | <b>S/P***</b> |
| 40 | <b>SAMBAL SAUCE</b> 🌶️ ( <i>deep fried, spicy shrimp chilli sauce</i> )                 | <b>S/P***</b> |
| 41 | <b>SWEET &amp; SOUR SAUCE</b> ( <i>fish fillet with batter</i> )                        | <b>£19.90</b> |
| 42 | <b>GINGER &amp; SPRING ONION</b> ( <i>steam with ginger, spring onion, soya sauce</i> ) | <b>S/P***</b> |

**\*\*\* Seasonal Price**

*12.5% service charge will be added to the bill. Thank you.*





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## Vegetable

\* Sambal Belacan 🌶️, Garlic Sauce (v), Ginger Sauce (v), Oyster Sauce, Salted Fish

43	<b>KANGKUNG</b> ( <i>morning glory</i> )	£12.90
44	<b>SAWI</b> ( <i>choy sum</i> )	£12.90
45	<b>PAKCHOI</b>	£12.90
46	<b>KAILAN</b> ( <i>Chinese broccoli</i> )	£12.90
47	<b>BROCCOLI</b>	£12.90
48	<b>TAUGEH</b> ( <i>beansprouts</i> )	£12.90
49	<b>MIXED VEGETABLE</b>	£12.90

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## Tofu

50	<b>JAPANESE TOFU</b> ( <i>straw mushroom, chicken, french beans, carrot</i> )	£12.90
51	<b>SALT &amp; PEPPER TOFU</b> 🌶️ ( <i>chilli, pepper, spring onion</i> )	£12.90

12.5% service charge will be added to the bill. Thank you.





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## Noodle Soup

- 52 **CURRYLAKSA** 🌶️ £13.90  
*(bean sprout, prawn, fish ball, chicken, coconut milk, vermicelli, tofu puff)*
- 53 **ASSAMLAKSA** 🌶️ £11.90  
*(cucumber, shrimp molasses, onion, fish, chilli, mint, egg)*
- 54 **PENANG PRAWNMEE** 🌶️ £13.90  
*(prawn, chicken, egg, morning glory, fry onion, bean sprout, egg noodle)*
- 55 **KUEYTEOW SOUP** £13.90  
*(fish ball, prawn, chicken, spring onion, choy sum, flat noodle)*
- 56 **MEEHOON SOUP** £13.90  
*(fish ball, prawn, chicken, spring onion, choy sum, vermicelli)*

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## Fried Noodle

- 57 **MEE GORENG** *(egg noodle, bean sprout, prawn, squid)* £13.90
- 58 **CHARKUEYTEOW** *(bean sprout, chives, prawn, squid, flat noodle)* £13.90
- 59 **CANTONESE NOODLES** £13.90  
*(choy sum, prawn, mussels, squid, chicken, flat noodle with egg gravy)*
- 60 **FRIED MEE HOON WITH SALTED FISH** £13.90  
*(salted fish, mixed vegetable & chicken)*
- 61 **MEE HOON GORENG** *(chives, vermicelli, prawn, squid, bean sprout)* £13.90
- 62 **MEE MAMAK** 🌶️ £13.90  
*(prawn, squid, fried tofu, bean sprout, tomato and chuck with sambal sauce)*

12.5% service charge will be added to the bill. Thank you.





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## Rice

63	<b>NASILEMAK</b> 🌶️	£13.90
	<i>(achar, anchovy, egg, cucumber, peanuts, sambal sauce, deep fried chicken or curry chicken)</i>	
64	<b>NASIKANDAR</b> <i>(curry fish, lady fingers, tomato, pappadoms)</i>	£13.90
65	<b>NASIGORENG KAMPUNG</b>	£13.90
66	<b>NASIGORENG MALAYSIA</b>	£13.90
67	<b>NASIAYAMBUKITBINTANG</b> <i>(chicken rice with roasted chicken)</i>	£13.90
68	<b>HAINANESE CHICKEN RICE</b> <i>(boneless)</i>	£13.90
	<i>(poached chicken, cucumber, coriander, tomato, soup)</i>	
69	<b>FRIED RICE WITH CHICKEN &amp; SALTED FISH</b> <i>(salted fish, chicken &amp; peas)</i>	£13.90
70	<b>CHINESE SEAFOOD FRIED RICE</b>	£13.90
71	<b>VEGETARIAN FRIED RICE</b> (v)	£10.90
72	<b>EGG FRIED RICE</b>	£6.00
73	<b>JASMINERICE</b> <i>(nasi putih)</i>	£3.50
74	<b>COCONUT RICE</b>	£4.50
75	<b>FRAGRANT RICE</b>	£4.50

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## Side Dishes

76	<b>ULAM WITH SAMBAL BELACAN</b>	£6.00
77	<b>IKAN MASIN</b>	£6.00
78	<b>TELUR MASIN</b> <i>(salted eggs)</i>	£6.00
79	<b>ACAR RAMPAI</b> (v) 🌶️	£7.00
	<i>(crunchy Malaysian pickled vegetables in spicy marinated &amp; sesame seeds)</i>	

12.5% service charge will be added to the bill. Thank you.



# Western Menu

Served from 12.00pm - 10.00pm



## STARTER

- 1. CREAM OF MUSHROOM SOUP** £5.90  
*(fresh mushroom served with chopped parsley & cream)*
- 2. CREAM OF TOMATO SOUP** £5.90  
*(tomato soup with cream)*
- 3. SALAD** £5.90  
*(green salad with thousand island dressing)*
- 4. CHEF'S SALAD** £9.90  
*(fresh green salad, sliced of chicken, prawns, cheese with choice of vinaigrette or thousand island dressing)*
- 5. SELESA SANDWICH SELECTION** £9.90  
*(served with salad & chips, cheddar cheese or egg or chicken or tuna)*

## MAIN

- 6. SPAGHETTI BOLOGNESE** £10.90  
*(traditional favourite spaghetti with mince beef)*
- 7. SELESA OMELETTE SELECTION** £10.90  
*(served with salad & chips, cheese or mushroom or chicken or Onion)*
- 8. FISH AND CHIPS** £14.90  
*(cod fillet, boiled French beans, chips & tartar sauce)*
- 9. GRILLED SALMON** £15.90  
*(grilled salmon served with boiled spinach & chips)*
- 10. CHICKEN CHOP** £14.90  
*(served with green salad & chips, fried crispy chicken chop with black pepper or mushroom sauce)*
- 11. LAMB CHOP** £19.90  
*(grilled lamb cutlets served with sauté butter, vegetables & chips)*
- 12. SIRLOIN STEAK** £19.90  
*(sirloin steak served with sauté butter, vegetables & chips)*

12.5% service charge will be added to the bill. Thank you.



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## Homemade Drinks

KOPITARIK ( <i>hot/cold</i> )	£3.50 / £4.00	SOYAMILK	£3.50
TEH TARIK ( <i>hot/cold</i> )	£3.50 / £4.00	SOYACINCAU	£4.00
MILO ( <i>hot/cold</i> )	£3.50 / £4.00	BUBBLE TEA	£4.00
MALAYSIAN BLACK COFFEE	£3.50	CINCAU	£4.00
LEMON TEA	£4.00	CHINESE TEA	£2.50
HONEY LEMON	£4.00	ENGLISH TEA	£2.50
		BANDUNG CINCAU	£4.00

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## Juice

ORANGE	£3.50	PINEAPPLE	£3.50
APPLE	£3.50	MANGO	£3.50

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## Soft Drink

COKE	£3.00	STILL WATER	(bottle 75cl) £3.90
DIET COKE	£3.00	SPARKING WATER	(bottle 75cl) £3.90
SPRITE	£3.00		

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## Special Malaysian Mocktail £6.00

NEGERI SEMBILAN (*lychee*)  
PINK LADY (*syrup bandung*)  
BUNGA RAYA (*bandung cincau*)  
SABAH BEACH (*plum and lime*)

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## Dessert & Snacks £5.40

SELESA SPECIAL (*sago, potato and banana*)  
CHOCOLATE CAKE  
KUIH DADAR (*kuih tayap*)  
KUIH BINGKA UBI  
GORENG PISANG (*fried banana fritters*)  
KUEH CEKODOK PISANG

12.5% service charge will be added to the bill. Thank you.



